



CANADIAN
PUBLIC HEALTH
ASSOCIATION

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CANADIENNE DE
SANTÉ PUBLIQUE

CONTINUING PROFESSIONAL DEVELOPMENT COURSE

A free online course from the Canadian Public Health Association, in collaboration with the University of Ottawa Office of Continuing Professional Development.

PROVIDE SAFER, MORE INCLUSIVE CARE FOR SEXUALLY TRANSMITTED AND BLOOD-BORNE INFECTIONS.



This online course explores strategies that family physicians and other clinical care providers can use to prevent stigma and discrimination that patients and clients may face when accessing services for sexually transmitted and blood-borne infections (STBBIs), sexual health and substance use.

ABOUT THIS FREE CPD COURSE

Intended for clinical care providers in Canada, including family physicians, nurses, nurse practitioners, students/trainees and other professionals in clinical settings, this modular, learn-at-your-pace course addresses the often entrenched barriers encountered by patients and clients seeking treatment for sexual health, substance use or STBBIs.

Content for the course was developed in collaboration with experts, including individuals and organizations with clinical, research and/or lived and living experience in the area of STBBI stigma.

The course uses examples, realistic case scenarios, quizzes, self-reflection exercises, videos and more to explore the key roles that language, communication styles and workplace policies and procedures can play in creating safer, more inclusive environments.

Participants can complete the course in less than four hours, resulting in increased comfort levels for care providers, which in turn will affect the satisfaction and health outcomes of those receiving care.

Completing the course qualifies for CPD credits through The College of Family Physicians of Canada or The Royal College of Physicians and Surgeons of Canada.

WHY TAKE THIS COURSE?

1. To improve patient/client experience, satisfaction and health outcomes.

Course participants will enhance their proficiency in discussing sexuality, substance use and STBBIs with patients and clients. They will gain a deeper understanding of how language, communication styles, and policies and procedures can impact care while learning to create a more welcoming, equitable and inclusive care setting.

2. To reduce risks for providers and negative outcomes for patients.

Participants will learn how to reduce their anxiety or discomfort about potential negative outcomes when seeing patients and clients about sexuality, substance use and STBBI.

3. It's free, accessible and can be completed at your own pace.

This is a free, self-directed online course that participants can complete at their own pace, wherever and whenever they wish using a desktop computer, laptop or tablet. It can be completed in less than 4 hours.

4. Earn Continuing Professional Development Credits.

This course has been certified for up to 4 Mainpro+^{MD} credits (College of Family Physicians of Canada) and is an Accredited Self-Assessment Program (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

COURSE CONTENT

This course contains a pre-course questionnaire, introduction and three core learning modules:

1. Recognizing Stigma

– learn about the various ways STBBI stigma may be experienced in the healthcare context.

2. Introduction to Stigma Reduction

– familiarize yourself with strategies and approaches to create a safer, more welcoming and inclusive environment.

3. Putting it Into Practice

– put these concepts into practice by interacting with fictional patients/clients in four scenario simulations.

The course concludes with a post-course evaluation survey that participants must complete before receiving their Certificate of Completion.

At the end of the course, learners will be able to:

- Differentiate five different forms of stigma
- Explain how the different forms of stigma can impact the health and well-being of people accessing services
- Describe approaches to reduce stigma in clinical service settings
- Employ strategies to comfortably and respectfully discuss sexuality, substance use and sexually transmitted and blood-borne infections (STBBIs) with the diversity of people that may access services

REGISTER TODAY

FOR FURTHER INFORMATION

CANADIAN PUBLIC HEALTH ASSOCIATION

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